



MADANAPALLE INSTITUTE OF TECHNOLOGY & SCIENCE
(UGC-AUTONOMOUS INSTITUTION)

Affiliated to JNTUA, Ananthapuramu & Approved by AICTE, New Delhi
NAAC Accredited with A+ Grade, NIRF India Rankings 2021 - Band: 201-250 (Engg.)
NBA Accredited - B.Tech. (CIVIL, CSE, ECE, EEE, MECH), MBA & MCA
<https://mits.ac.in/pcc>



30th November 2019

Action Taken Report on APSCHE Setting up of Students Counselling System

Details of the Student Counsellors:

1. Team:1. Mrs. Vijaya Lakshmi, M.A. (M Phil), B.Ed, PGDGC
2. Dr. Anbumani Moses Ph D, M Phil
3. Dr. Pradeep Kumar Ph D B.Sc, M
4. Mr. Shaik Tipu Rahaman M. Tech, (M Sc) Psychology
5. Mr. K. MD. Riyaz Ali M. Tech (I year Coordinator- admissions)

Mrs. Vijaya Lakshmi, professional Counsellor who has done Post Graduate Diploma in Guidance & Counselling in NCERT, Mysore is extending counselling & Mental Health services to MITS students. Psychological problems, family counselling, maladjustment, deviations, interpersonal relationship, stress related problems are dealt with. How to promote mental health, significance of yoga and meditation, effective ways to memorize, healthy habits and positive thinking and trends in the life style etc are addressed. MITS offers Introductory Psychology as Open Elective and addresses the real life problems by creating awareness.

In Training Dept Dr. Anbumani Moses Ph D M Phil in English is providing Career Guidance and addressing the problems related to Neuro Linguistic Psychology, Behavioural changes, goal setting, and Improving Affective skills.

All the subject teachers guide them in completing their projects, motivate them towards research. ICC Cell is promoting gender amity, upholding the right to protection against Sexual harassment in the workplace,

- all necessary and reasonable steps to promote gender sensitization and also conducting awareness programs to strengthen the assertive skills of students.
- Periodical guest lectures to foster Anti ragging and Women Empowerment.
- Seeking help from the police department and local judiciary to create awareness about “She Laws” & law protection to women.

Existing Mentoring System:

- Group of 20 students are under the able guidance of each mentor.
- Periodical meetings with the mentee.
- Provision of academic and counselling support to all the mentees
- Any behavioural problem or any abnormalities is observed summoning students to the Student Counsellor.
- Referrals to the Psychiatrist for further medical treatment.

Details of Counselling sessions carried out:

- Individual & Group Counselling
- Holding workshops on “Effective Mentoring”
- Periodical motivating guest lectures
- Interaction with the real life role models



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- Utilizing services of Campus Doctor and Psychologists
- Guest lectures by Psychologists on Drug abuse, Alcoholism etc.
- Yoga & meditation
- Healthy life style and eco-friendly ways of living

Details of Psychologist(s):

Mrs. Vijaya Lakshmi MA, M Phil, B Ed , PGDGC (NCERT Mysore)

The cases needed medical aid and support will be referred to Dr. Sujay Psychiatrist, Gupta Nursing Home

Remedial measures will be taken, if family counselling is needed parents will be called for, depending on the severity of the case.

U. Vijaya Lakshmi
Institute Counsellor

C. J. J.
Principal
Principal
Madanapalle Institute of
Technology & Science
MADANAPALLE